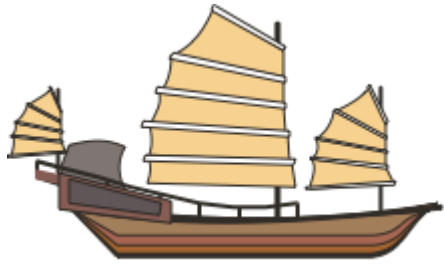


好運中西美食店

So Good Restaurant



Vegetarian & Asian Foods

717 Somerset West,

(Located between Arthur St. and Bell St. N.)

Ottawa, Ontario

K1R 6P7

Tel: (613) 233-0138

<http://www.sogoodfood.com>

Appetizers

1	Cantonese Style Spring Roll	1.95
2	Vegetarian Spring Roll	1.95
3	Vietnamese Style Spring Roll	2.50
4	🔪 Bon-Bon Chicken	7.50
5	Chicken Fingers	7.50
6	Fry Wonton (vegetarian/meat)	7.50
7	Shanghai Dumplings (vegetarian/meat) (6)	9.50
8	🔪 Stir Fry Wonton Shanghai Style	9.50
9	🔪 Hunan Dumplings in Hot Sauce (12)	9.50
10	Mini Vegetarian Spring Rolls (12)	6.95
11	Egg Roll with Pork	1.95

Soups

	Sm	Med	Lg
15	🔪 Chicken Hot & Sour Soup	4.50	10.50 . 13.50
16	🔪 Vegetarian Hot & Sour	4.50	10.50 . 13.50
17	Wonton Soup with Shrimp	4.95	11.95 . 14.50
18	Wonton Soup with B.B.Q Pork	4.95	11.95 . 14.50
19	Minced Chicken in Fish Maw	5.50	11.95 . 14.50
20	Cream Corn Soup with Chicken	5.50	11.95 . 14.50
21	Cream Corn Soup with Crab Meat	5.50	12.50 . 16.50
22	Fish Maw Soup with Crab Meat	5.50	12.50 . 16.50
23	Sea Food Soup	5.50	12.50 . 16.50
24	Straw Mushroom Egg Drop Soup	5.00	12.50 . 13.50
25	Shredded Pork with Chinese Green in Tofu Soup	5.50	12.50 . 14.50
26	🔪 Thai Spicy Soup	6.95	13.95 . 17.00
27	🔪 Thai Coconut Spicy Soup	6.95	13.95 . 17.00

Vietnamese Noodle Soups

	Med	Lg
30	Sliced Beef Sirloin, Brisket, Tendon Rice Noodle Soup	9.95 . 11.50
31	Beef Brisket & Tendon Rice Noodle Soup	9.95 . 11.50
32	Rare Sliced Beef Sirloin in Rice Noodle Soup	9.95 . 11.50
33	Lao Style Rice Noodle Soup	10.50 . 12.50
35	Cooked Sliced Beef Sirloin Soup	9.95 . 11.50
36	Seafood in Rice Noodle Soup	10.50 . 12.50
37	Vermicelli and Noodle Soup	11.95

Noodle Soups

40	Shrimp Wonton Noodle Soup	9.95
41	B.B.Q Pork Noodle Soup	9.95
42	Chicken Noodle Soup	9.95
43	Beef Flank Noodle Soup	9.95
44	B.B.Q. Pork & Shrimp Noodle Soup	10.95
45	Thai Spicy Seafood Noodle Soup	11.95
46	Thai Tender Beef Soup (Large only)	11.95

Vermicelli

50	Beef with Lemon Grass on Vermicelli	10.50
51	Pork or Chicken with Lemon Grass	10.50
52	Shrimp with Lemon Grass	11.50
53	Grilled Pork on Vermicelli	10.50
54	Spring Rolls on Vermicelli (vegetarian/ meat)	10.50
55	Spring Rolls, Shredded Pork on Vermicelli	11.50
56	Spring Rolls, Shredded B.B.Q. Pork	11.95
	Stir fry the above vermicelli dishes for	2.00

Extra Vietnamese Spring Roll for 2.00

Congee

60	Plain Congee	3.00
61	Sliced Beef Congee	8.50
62	Minced Beef Congee	8.50
63	Pork & Preserved Duck Egg Congee	8.50
64	Seafood Congee	10.95
65	Shredded Chicken Congee	8.50
66	Sweet Corn Congee	8.50
67	Cashew Congee with Mixed Vegetables	8.50
68	Fish Congee	10.50
69	King Mushroom Congee with Mixed Vegetables	10.95

Rice Dishes

75	Chicken with Garlic Rice	9.95
76	Beef or Chicken & Chinese Green on Rice	9.95
77	Beef or Chicken and Tomato on Rice	9.95
78	🔪 Curry Beef or Chicken on Rice	9.95
79	Beef or Chicken & Black Bean Sauce on Rice	9.95
80	🔪 Beef or Chicken & Satay Sauce on Rice	9.95
81	Assorted Meat on Rice	11.95
82	Diced Chicken & Corn Sauce on Rice	9.95
83	Malaysian Fried Rice	10.95
84	Chicken & Cashew Nuts in Peking Sauce on Rice	9.95
85	Shrimps & Egg Sauce on Rice	11.50
86	Spare Ribs & Black Bean Sauce on Rice	10.95
87	B.B.Q. Pork & Bean Curd on Rice	9.95
88	Yang Chow Fried Rice	11.95
89	🔪 Thai Style Fried Rice	11.95
90	🔪 Thai Style Shrimp with Egg Plant on Rice	11.95
91	🔪 Thai Style Spicy Pork or Beef on Rice	10.95
93	🔪 Spicy Eight Treasures on Rice	11.50
94	🔪 Shredded Pork in Peking Sauce on Rice	9.95
95	🔪 Stir Fry Szechuan Spicy Chicken on Rice	10.95
	Steamed Rice (per bowl)	2.00

Noodle and Rice Noodle

100	Beef & Chinese Green Fried Noodle	11.95
101	🔪 Curry Beef Fried Noodle	11.95
102	Beef & Black Bean Sauce Fried Noodle	11.95
103	Beef & Satay Sauce Fried Noodle	11.95
104	Beef & Flank & Chinese Green Fried Noodle	11.95
105	Beef & Bean Sprout Fried Noodle (No Sauce)	11.95
106	Shrimp & Mix Vegetable Fried Noodle	12.95
107	🔪 Fried Flat Rice Noodle with Chicken/Beef in So Good Sauce	14.50
108	Sea Food Fried Noodle	15.95
109	Spare Ribs & Black Bean Sauce Fried Noodle	12.50
110	Assorted Meat Fried Noodle	15.50
111	Sam Sze Fried Noodle	11.95
112	Shanghai Style Fried Noodle	13.95
113	🔪 Singapore Style Fried Rice Vermicelli	13.95
114	Amoy Style Fried Rice Vermicelli	13.95
115	Cantonese Fried Noodle	13.95
116	🔪 Indonesian Vermicelli	13.95
117	Thai Stir Fried Bean Thread (Chicken or Shrimp)	13.95

Poultry, Beef and Pork

124	Half Crispy Duck	15.00
125	Peking Duck (order 48 Hrs in advance)	45.00
126	Chicken with Chinese Green	12.95
127	Chicken with Broccoli	12.95
128	Chicken with Ginger & Pineapple	12.95
129	Diced Chicken with Cashew Nuts	12.95
130	Chicken with Black Bean Sauce	12.95
131	🔪 Mixed Spicy Crispy Chicken	half 13.95 whole 19.95
132	Sweet & Sour Chicken Balls	12.95
133	🔪 Indonesian Spicy Chicken with Lemon Grass	13.95
134	Lemon Chicken	12.95
135	🔪 Green Beans with chicken	12.95
136	🔪 Chicken with Pepper-Salt	12.95
150	Beef with Chinese Green	12.95
151	Beef with Ginger & Green Onion	12.95
152	🔪 Fried Beef with Tender Ginger and Pineapple	12.95
153	🔪 Thai Style Curry Beef	13.95
154	🔪 Beef with Chinese Mushroom & Bamboo Shoots	12.95
155	🔪 Green Beans with beef	12.95
175	Spare Ribs Capital Style	12.95
176	Sweet and Sour Pork	12.95
177	🔪 Thai Style Curry Pork	12.95
178	Spare Ribs with Black Bean Sauce	13.95
179	🔪 Spare Ribs with Pepper-Salt	13.95
180	🔪 Spare Ribs in Chili Bean Sauce	13.95
181	Garlic Spare Ribs	13.95
182	🔪 Green Beans with pork	13.95
183	🔪 Beef/Chicken/Pork with Black Pepper Sauce	13.95
184	🔪 King mushroom with Beef/Chicken/Pork	14.50

Seafood

200	Shrimps with Cashew Nuts	14.95
201	🔪 Szechuan Shrimps	17.95
202	Scallop with Broccoli	18.50
203	Shrimp in Lobster Sauce	17.95
204	Fresh Squid with Seasonal Vegetable	15.50
205	Crab Meat with Straw Mushroom	15.50
207	Three Sea Foods with Seasonal Vegetable	19.95
208	Fresh Squid with Black Bean Sauce	15.95
209	🔪 Squid with Pepper-Salt	15.95
210	🔪 Shrimp with Pepper-Salt	17.95
211	🔪 Shrimp & Bean Thread with Satay Sauce in Hot Pot	15.95
212	Fried Shrimp in Scrambled Egg	15.95
213	Shrimp with Chinese Green	18.50
215	🔪 Indonesian Spicy Squid	15.50
216	🔪 Indonesian Shrimp	18.50
217	🔪 Chinese Mushroom with Wood Fugus and Steam Fish Fillet	17.95
218	King Mushroom with Fish Fillet	17.95
219	King Mushroom with Shrimp or Scallop	18.95

Beancurd

225	🔪 Ma Po Tofu	12.50
226	Chinese Mushroom & Pork with Beancurd	12.50
227	Beancurd with Beef	12.50
228	Steamed Beancurd with Scallops/Shrimps Black Bean Sauce	18.95
229	🔪 Home Style Beancurd and Chicken with Spicy Sauce	12.95
230	Beancurd with B.B.Q. Pork	12.50

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Szechuan

275	🍴 Szechuan Spicy Beef or Chicken (crispy & sweet)	13.95
276	🍴 Kung Po Hot Spicy Chicken	13.95
277	🍴 Kung Po Hot Spicy Shrimp	17.50
278	🍴 Beef or Chicken with Orange Flavour (crispy & sweet)	13.95
279	🍴 Spicy Tingly Beef	13.95
280	🍴 General Tao's Chicken	13.95
281	🍴 Shredded Pork in Garlic Sauce	13.95
282	🍴 Sesame Chicken	13.95
283	🍴 Mu Shu Beef/Pork/Chicken	13.95
284	🍴 Egg Plant & Minced Pork with Spicy Garlic Sauce	13.95
285	🍴 Two Seafoods with Spicy Garlic Sauce	20.50
286	🍴 Scallop or Shrimp with Spicy Garlic Sauce	17.50
287	🍴 Wu Se Chicken (Peanut Sauce)	13.95
288	🍴 Yu Hsiang Beef	13.95
289	🍴 Triple Delight	13.95
290	🍴 Double Cooked Pork	13.95
291	🍴 Hunan Style Beef/Chicken/Pork	13.95
292	🍴 Eight Treasures in Spicy Sauce	15.95
293	🍴 Hunan Style Lamb	14.95
294	🍴 Boil Fish Fillet with Oil-less Chili Paste	17.50
295	🍴 Boil Beef/Chicken/Pork with Oil-less Chili Paste	13.95

Hotpots

300	Beef Flank Hot Pot	12.95
301	BBQ Pork & Bean Curd Hot Pot	12.95
302	Assorted Meat & Bean Curd Hot Pot	14.95
303	Tofu Shrimp Ball Hot Pot	13.95
304	Leg of Lamb Hot Pot	16.95
305	🍴 Assorted Seafood with Thai Spicy Black Bean Sauce Hot Pot	12.95

Taiwanese Cuisine

310	🍴 Preserved Egg with Tofu	9.50
312	Deep Fried Meatball with Vegetables & Bean Thread	13.95
313	🍴 Noodle Soup with Hot Beef	9.85
314	Pork Chop Noodle	9.85
315	Pork & Pickled Cabbage Noodle Soup	9.85
316	🍴 Pork & Radish Noodle Soup	9.85
317	Shanghai Noodle Soup	10.50
318	Peanut & Sesame Sauce Lo Mein	9.50
319	Taiwan Vegetables Noodle Soup	9.50
320	🍴 Taiwan Spicy-Meat Lo Mein	9.85
321	Taiwan Stir Fry Noodle	12.95
322	Taiwan Stir Fry Vermicelli	12.95
323	Tai Lo Mein	12.95
324	🍴 Taiwan Satay Noodle with Beef/Chicken/Pork	12.95
325	Wine & Sesame Oil Marinated Chicken in Hotpot	13.95
326	🍴 Taiwan Style Tofu in Hotpot	15.95
327	Boneless Chicken in Ginger & Onion Sauce	13.95
328	🍴 Stir Fry Szechuan Chicken	13.95
329	Fried or Steamed Halibut	Seasonal Price
330	Taiwan Style Fried Rice	10.95

Thai Cuisine

350	🍴 Thai Spicy Soup (single)	7.50
351	🍴 Thai Coconut Spicy Soup (single)	7.50
352	🍴 Thai Style Stir Fry Shrimp with Egg Plant	17.50

353	🍴 Thai Style Pork/Beef/Chicken with Egg Plant	13.95
354	🍴 Thai Curry Beef	13.95
355	🍴 Thai Curry Mussels	12.95
356	🍴 Thai Curry Seafood	20.50
357	🍴 Thai Seafood Fried Rice	12.95
358	🍴 Thai Fried Rice (with pineapple)	10.95
359	🍴 Thai Spicy Beef/Chicken/Pork with Lemon Grass on Rice	10.95
360	🍴 Thai Diced Beef/Chicken/Pork with Vegetables	13.95
361	🍴 Thai Spicy Shrimps in Lemon Grass & Coconut Cream	17.50
362	🍴 Thai Stir Fry Shrimp with Vegetables	17.50
363	🍴 Pad Thai (Chicken or Shrimp)	12.95
364	Thai Chicken Breast with Lemon Grass	13.95
365	🍴 Thai Lemon Grass with Pork Chops/Chicken Wings	13.95
366	🍴 Thai Curry Beef Flank in Hot Pot	13.95
367	🍴 Thai Curry Lamb	15.50
368	🍴 Thai Curry Shrimp	17.50
369	🍴 Thai Curry Fish Filet	17.50

Vegetarian Dishes

Appetizers

375	Vegetarian Spring Rolls	1.95
376	Vegetarian Dumplings (6)	9.50

Soups

	Sm	Med	Lg
380	🍴 Vegetarian Hot & Sour Soup	4.95	10.95 . 13.00
381	Miso Tofu Soup	4.95	10.95 . 13.00
382	Taiwan Vegetarian Noodle Soup	5.50	10.95 . 13.00
383	Sweet Corn Tofu Soup	5.00	10.95 . 13.00
384	Vegetarian Spicy Soup with Coconut Cream	5.00	10.50 . 15.00
385	Chinese Green with Tofu Soup	5.00	10.95 . 13.00
386	Seaweed Soup	5.00	10.95 . 13.00
387	Vietnamese Noodle Soup with Mixed Vegetables & Tofu	sm	9.85
388	🍴 Curry Mixed Vegetables in Noodle Soup	sm	9.85

Rice Dishes

390	Vegetarian Fried Rice	8.95
391	🍴 Vegetarian Malaysian Fried Rice	9.50
392	Vegetarian Thai Fried Rice	9.50

Vermicelli, Noodle and Rice Noodle

400	🍴 Vegetarian Singapore Fried Vermicelli	10.50
401	Fried Vermicelli with Sliced Vegetables	10.50
402	🍴 Vegetarian Indonesian Vermicelli	10.50
403	Mixed Vegetables with Fried Noodle	10.50
404	🍴 Vegetarian Thai Rice Noodles	10.50
405	Buddha's Fried Noodles	10.95
406	Peanut & Sesame Sauce Lo Mein	10.50
407	🍴 Spicy Peanut Sauce Lo Mein	10.50
408	Vegetarian Shanghai Style Noodle in Peking Sauce	10.50
409	Stir Fried Flat Noodle in Black Bean Sauce	10.50
410	🍴 Flat Noodle in Spicy So-Good Sauce	10.95
411	🍴 Bon-Bon Lo Mein	10.50
412	🍴 Vegetarian Shanghai Style Noodle (Spicy or not)	10.50

Vegetable

425	🍴 Wu Se Vegetables (peanut sauce)	10.95
426	Stir Fry Chinese Vegetables	10.50
427	🍴 Thai Curry Mixed Vegetables with Lemon Grass	10.95
428	Sweet & Sour Mixed Vegetables	10.50
429	🍴 Indonesian Satay Mixed Vegetables	10.95
430	Broccoli with Lemon Grass and Garlic Sauce	10.50
431	Mu Shu Vegetables (4 pancakes)	10.95
432	Vegetable Platter in Black Bean Sauce	10.95
433	🍴 Thai Style Mixed Vegetables in Black Bean Sauce	10.95
434	Wine Sesame Oil Marinated Vegetarian Hot Pot	10.95
435	Tempura	10.95
436	🍴 Green Beans	10.95
437	French Fries	5.25

Beancurd

450	Tofu Mixed Vegetables in Black Bean Sauce	10.50
451	🍴 Kung Po Tofu	10.95
452	Tofu with Ginger and Pineapple	10.50
453	Steamed Tofu in Black Bean Sauce	10.50
454	Stir Fry Tofu with Snow Peas in Peking Sauce	10.95
455	🍴 Deep Fried Tofu in Hoisin Sauce	8.95
456	Fried Tofu & Bean Sprout Fried Flat Noodle	10.50
457	Diced Vegetables & Fried Tofu & Cashew Nuts	10.95
458	🍴 Spicy Diced Vegetables with Tofu	10.95
459	Deep Fried Vegetarian Tofu Balls in Mushroom Sauce	10.95
460	🍴 Fried Tofu with Pepper-Salt	10.95
461	🍴 Szechuan Stir Fried Tofu	10.95
462	🍴 Fried Tofu & Cashew Nuts with Sweet Paste (spicy or not)	10.95
463	Tofu Ball & Vegetable with Bean Thread	10.95
464	Fried Tofu in Capital Sauce	10.95
465	🍴 General Tao's Tofu	10.95
466	🍴 Spicy Tingly Tofu	10.95
467	Tofu with Ginger & Green Onion	10.95
468	🍴 Hunan Tofu	10.95

Eggplant

475	Eggplant with Tofu Cheese	10.50
476	Eggplant with Black Bean Sauce	10.50
477	🍴 Mixed Vegetables & Eggplant in Spicy Garlic Sauce	10.95
478	Deep Fried Sweet Heart Eggplant	10.95
479	🍴 Thai Style Eggplant in Black Bean Sauce	10.95
480	🍴 Thai Style Eggplant in Tofu Cheese	10.95
481	🍴 Vegetarian Eggplant with Spicy Garlic Sauce	10.95
482	🍴 Kung Po Eggplant & Mixed Vegetables	10.95
483	🍴 Stir Fried Green Curry & Vegetable	10.95

Mushrooms

500	Snow Peas with Chinese Mushrooms	10.95
501	Bhudda's Delights	10.50
502	🍴 Bhudda's Delights in Spicy Garlic Sauce	10.95
503	Chinese Mushroom with Steamed Tofu	10.50
504	Three Kinds of Mushroom with Chinese Green	10.95
505	Three Kinds of Mushrooms with Bean Sprout	10.95
506	Three kinds of Mushroom with Bamboo Fungi	11.95
507	Chinese Mushroom w Fried Tofu & Shredded Bamboo Shoot	10.50
508	Buddha Vegetarian	10.50
509	King Mushrooms with Chinese Greens	12.50